

INSTRUCTION

Interscholastic Athletics

Students' needs for expression, mental alertness, and physical growth are enhanced through athletics that are properly controlled and well-organized. All athletes are representatives of Central Kitsap School District and accept the challenge of the highest standards of sportsmanlike possible. The opportunity to participate in the athletic program is a privilege granted to students of the District. Participants in this voluntary program are expected to conform to specific standards of conduct established by the District Athletic Code. The standards of good behavior, healthful training, and safe competition are the primary goals of the athletic program. The acceptance and support of these goals by athletes, parents/guardians, coaches, and administrators is imperative and requisite for their existence and attainment.

The Board recognizes that certain risks are associated with participation in interscholastic sports. While the District will strive to prevent injuries and accidents to students, each participant and his/her parents/guardians will be required to sign a statement which indicates that the parents/guardians and the student acknowledge the risks of injuries resulting from such participation and give assurance that the student will follow the instructions of the coach

- A. Prior to an activity season, each coach/advisor will make available in writing to each participant any and all rules or standards bearing on the conduct or responsibility of the participant. Both students and parents/guardians must acknowledge in writing their receipt and acceptance of the rules and standards before the student may participate in the activity.
- B. The rules and standards, as developed at each school, shall include statements regarding but not limited to: grades, attendance, drugs and alcohol, suspensions, stealing/theft, end of season violations, ASB cards, fines, and travel.
- C. An athletic coach must be properly trained and qualified for an assignment as described in the coach's job description.
- D. A handbook that outlines the philosophies, skills, techniques and safety measures associated with a coaching assignment will be distributed to each coach. A coach must secure permission in advance if he/she wishes to deviate from the handbook.

- E. Coaching stipends that exceed five hundred dollars (\$500.00) in a season will be approved by the Board.
- F. In-service training opportunities shall be a requirement for each coach so that he/she is trained to attend to the health care needs of participants. The District will afford each coach some of such opportunities, and others required per WIAA guidelines will be the responsibility of each coach to complete.
- G. Prior to a sports season, the coach will prepare a plan for handling medical emergencies at practice sessions and games (home and away).
- H. Participants will be issued equipment that has been properly maintained and fitted.
- I. All facilities and equipment utilized in the interscholastic activity program, whether or not the property of the District, will be inspected on a regular basis.
- J. Non-prescribed medications, including such items as analgesic balms, vitamins and salt tablets, must be approved by the superintendent/designee before they may be available for use by coaches and/or athletic trainers. After athletic training medications have been approved, the coach and/or trainer must secure authorization from the parent and the student's doctor before the medications may be used during the athletic season. If such release is not on file, the non-prescribed medications may not be used. This provision does not preclude the coach and/or trainer from using approved first aid items.
- K. Prior to becoming a member of an interscholastic team, each participant will be required to furnish evidence of physical fitness, concussion awareness knowledge, and participate in a baseline concussion assessment. A written report will be completed when a student is injured while participating in a school-supervised activity. A participant will be free of injury and will have fully recovered from the injury before participating in any activity.
- L. The superintendent/designee will establish rules defining the circumstances under which school facilities may be used and under which announcements of summer sports leagues and/or clinics may be distributed to students.

Appeals of decisions will be made and handled in accordance with Students' Rights and Responsibilities as "discipline" defined in WAC 392-400-205 and WAC 392-400-240 and School Board Policy 3200/3240.

Approved: August 27, 1986
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