

MANAGEMENT SUPPORT SERVICES

Nutrition

The Board recognizes that good nutrition contributes to student health and learning. Therefore, it is the policy of the Board to provide students access to nutritious food and information related to nutrition. Food and beverages that comply with this should predominate at all levels.

The superintendent shall develop and implement a comprehensive, District-wide nutrition program consistent with state and federal requirements, which will be coordinated with curriculum on health, fitness, and nutrition.

The District shall encourage students to make nutritious food choices. The superintendent shall ensure that:

- A. A variety of healthy food choices are available whenever food is sold at school during the school day or served at District-sponsored events;
- B. The sale or serving of foods or snacks high in fat, sodium, or added sugars shall be discouraged; and
- C. Meals served by the school nutrition and food services operation comply with state and federal law.

The District shall provide school breakfasts and lunches that meet the nutritional standards required by state and federal school breakfast and lunch programs. Meals served to students in school before the end of the last lunch period shall conform to the U.S. Dietary Guidelines for Americans.

The superintendent shall establish rules for the sale of food during the school day to encourage the eating of nutritious breakfasts and lunches. Except as set forth in those procedures, foods and beverages of minimal nutritional value, as defined by the U.S. Department of Agriculture, shall not be sold or served to students on school premises until 30 minutes after the last lunch period. There will be no sales of soft drinks or fruit-flavored drinks to students at elementary schools.

Commencing in the 2007-08 school year, there will be no sales of soft drinks or fruit-flavored drinks to students at schools during the school day. Additional limits may be established not earlier than the 2007-2008 school year.

Vending machines shall dispense healthy food and beverage options.

Food Services Program

The District supports the philosophy of the National School Lunch and Breakfast programs and shall provide wholesome and nutritious meals for children in the District's schools consistent with that program. The Board authorizes the superintendent to administer the food services program, provided that any decision

to enter into a contract with a private food service agency shall require the approval of the Board. Expenditures for food supplies shall not exceed the estimated revenues.

Because of the potential liability of the District, the food services program shall not accept donations of food other than as provided in this policy without the express approval of the superintendent. Should the superintendent approve a food donation, the superintendent shall establish inspection and handling procedures for the food and determine that the provisions of all state and local laws have been met before selling food as part of the school lunch menu.

Free and Reduced Price Food Services

The District shall provide free and reduced price breakfasts, lunch, and milk to students according to the terms of the National School Lunch and Breakfast programs and the laws and rules of the state. The District shall inform parents of the eligibility standards for free or reduced-price meals. Reasonable efforts shall be made to protect the identity of students receiving such meals. A parent has the right to appeal any decision with respect to his/her application for free or reduced price food services to the superintendent's designee.

The District may provide free, nutritious meals or snacks to all children on test days, including students who do not qualify for free or reduced-priced federal school meal benefits, however, the District will not claim reimbursement under programs for meals provided to students who are ineligible for free and reduced-priced meals. School meals may be provided to non-students of the District at the greatest price charged any student plus an amount representing the portion of the lunch cost paid for from local, state, and federal assistance (cash and food).

Surplus Commodities

The District shall use food commodities made available under the Federal Food Commodity Program for school menus.

Legal References:

RCW 28A.210.360 Model School District Policy
RCW 28A.235 Surplus or Donated Food Commodities for School Hot Lunch Programs
RCW 28A.235.120 Lunchrooms--Establishment and operation--Personnel for--Agreement for
RCW 28A.235.130 Milk for children at school expense
RCW 28A.623.020 Nonprofit meal program for elderly--Authorized--Restrictions
RCW 69.04 Food, Drugs, Cosmetics, and Poisons

7 CFR, Parts 210 and 220
7 CFR, Part 245.5

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