

## MANAGEMENT SUPPORT SERVICES

### Nutrition and Food Services

Minimally nutritious foods are defined by the U.S. Department of Agriculture in 7 CFR Part 210, Appendix B.

All foods shall be stored, prepared, and served in accordance with current federal and state Department of Health standards. Those handling foods will obtain necessary permits.

#### A. Food Service Program

1. The school Food Service Program will meet or exceed current U.S. Dietary Guidelines for Americans and the nutritional requirements of the National School Lunch and Breakfast Program.
2. The school Food Service Program will seek to contribute to the health of its customers through its menu and through cooperation with the instructional program.
3. The District Food Services Department may act as a vendor to the ASBs, the school instructional activities, and PTAs when that is in the mutual interest of each.

#### B. Other Sales of Food

The following apply to all non-food service sales of food and beverages at school and district-sponsored events, including but not limited to sales by student stores, student organizations, PTAs, booster groups, and outside vendors. They apply to, but are not limited to, over the counter and vending machine sales and order for future delivery.

1. Minimally nutritious foods and foods high in fat, sodium, or added sugar shall not be sold at school before the end of the school day.
2. Occasional (not more than once every two weeks) fundraising food sales are permitted as an exception to this procedure with prior approval of the building principal.
3. The sales of food by the Associated Student Body (ASB), student stores, school instructional activities, and Parent-Teacher Association (PTA) that are competitive with the District Food Service Program are recognized as essential fundraising activities. The District Food Services Department, ASBs, school instructional activities, and PTAs will work cooperatively to ensure that the respective needs of each are met. In particular, sales of food that compete directly with the District Food Services Program offerings will be avoided during meal periods.

4. Vendors of food at District-sponsored events outside the school day are required to offer some healthy food choices.

5. The superintendent or his/her designee shall appoint a committee that includes representatives from the District Food Services Department, the District Health Services, building administration, teachers, parents, and students. This committee shall identify foods of minimally nutritious value and foods high in fat, sodium, or added sugar. Committee identification shall be based on the regulations of the U.S. Department of Agriculture and other widely accepted guidelines. Individual food items may be submitted to the committee for approval. The committee shall meet at least once each year to review the list and recommend changes it deems necessary.

C. Elementary Schools

Vending that is accessible to students will be restricted to bottled water only.

D. Secondary Schools

1. Twenty (20%) percent of all food sold by ASB, in student stores, and other vending should contain a fat content of no more than 30% of the total calories.

2. All food sold by ASB, student stores, and other vending should be in single serving packaging as soon as that becomes available from vendors.

E. Recommendations

1. Students, staff and parents shall be encouraged to offer healthy food choices at school parties and celebrations, as rewards, and at after school activities.

2. Staff members will be encouraged to model good nutrition habits.

3. Student stores will promote nutrition education by displaying food items in "tiers" to denote the product's nutritional content.

4. Nutrition Task Force will meet at least once per quarter during first year of policy implementation to evaluate and make any necessary changes to the nutrition procedure for the District.

Approved: June 22, 1988

Revised: May 23, 2001

Revised: June 14, 2006